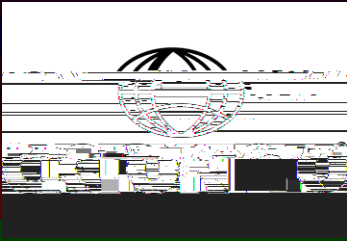


Live Well, Work Well



People vaccinated against the flu last

- The number of vaccinated decreased 11.1% from 2019 to 2020, according to the CDC.



- Get vaccinated. Being vaccinated against the flu is your best chance of preventing the illness. The CDC recommends that anyone 6 months and older get a flu shot every year. The flu and COVID-19 vaccines

Where Are the Germiest Places?

Germs are a part of life and h\Ym\Y everywhere. The dry air associated with fall and winter also makes it easier for germs to spread and linger in the air. Here are some germ hot spots:

- Home Remote controls, kitchen counters, bathroom fixtures and handles, sponges and toothbrush holders
- Workplace Desktops, keyboard, mouse, chair armrests, writing tools, handles, switches and doorknobs
- School